



Patient:	Carlisa Maneiro	ID:	AB9852
DOB:	03-01-1985	DOS:	10-31-2024

39 years old Female patient, Carlisa Maneiro was seen on 10-31-2024 as a new patient

Past Medical History

Endometriosis.

Allergies

n/a

Current Medication

n/a

Review Of Systems

See HPI

History of Present Illness

Pt presents for hair loss since 2 years ago. Pt reports is intermittent. Pt reports that had 3 sessions PRP+Microneedling which can't if is helping and is feeling scalp sensitivity, last session was 3 weeks ago and Mesotherapy 1 year ago which helped. Pt is currently using Minoxidil solution 5% since 2 weeks ago QD.

Pt reports that had blood work with normal results. Pt had LED cap at home.

Examination

- classic female patterned hair thinning on scalp with no erythema, scaling, or scarring

Assessment & Plan

Non-scarring Alopecia, Favor Androgenetic

Chronic, uncontrolled problem with progression. Always had thin hair but noticing more shedding within the last 2 years. Decreased hair density and miniaturization of hair seen on the frontal scalp/central part.
Past treatment: PRP (did not help), mesotherapy (helped), minoxidil 5%

PLAN

-Skinmedicinals: Hairstim Minoxidil 6%/**Finasteride 0.1%**: apply to AA on the scalp QHS x 6 months. R/B/A discussed including hypertrichosis, irritation, hypersensitivity, headache, rash, etc.

-Discussed switching to oral minoxidil if no improvement after 6 months. Can plan to start at 1/2 tablet (1.25mg) once a day. Off-label indication discussed. R/B/A discussed including hypertrichosis, ankle/leg swelling, hand swelling, decrease in blood pressure, increased heart rate, cardiac side effects, etc.

-Pt also reports scalp tenderness after PRP injections. Clinically no erythema or hair loss noticed in areas of scalp tenderness. Discussed trying doxy oral. Pt deferred for now.

Electronically Signed by: Abdul Rehman MD on 10-31-2024